

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO



Sault College

COURSE OUTLINE

COURSE TITLE: Social Service Work in Mental Health
CODE NO. : SSW211 **SEMESTER:** 3
PROGRAM: Social Service Worker Program
AUTHOR: Judi Gough, MSW, RSW
DATE: Sept/07 **PREVIOUS OUTLINE DATED:** Sept/06
APPROVED:

CHAIR, COMMUNITY SERVICES

DATE

TOTAL CREDITS: 3
PREREQUISITE(S): PSY102 & SSW120
HOURS/WEEK: 3
CONTACT INFORMATION FOR PROFESSOR Phone: 759-2554, extension 2589
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For additional information, please contact the Chair, Community Services

School of Health and Human Services

(705) 759-2554, Ext. 2603

I. COURSE DESCRIPTION:

SSW students will have an opportunity to understand the mental health needs of specific populations from a holistic approach. Students will study prevalent mental health disorders and develop skills to identify, assess, and intervene effectively. Students will be introduced to the unique challenges and considerations that those with a mental health disorder may face. A strengths-based approach is emphasized. Students are provided with knowledge and skills that are developed to aim to support and improve the individual and social functioning of individuals and families experiencing mental health disorders.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Assess the needs and resources of individuals and assist them to achieve their goals.
Potential Elements of the Performance:
 - a. collect, understand and synthesize information through observation, research, assessment and using a biopsychosocial framework
 - b. produce accurate written materials that clearly describe facts
 - c. identify a strengths-based, culturally competent approach to working with individuals and their families
 - d. contribute to the development of an assessment and service plan
 - e. identify risk and protective factors on micro, mezzo and macro levels

2. Recognize symptoms and behaviours associated with mental health disorders
Potential Elements of the Performance:
 - a. Identify signs and symptoms of the major mental health disorders and how these differ or are similar between diagnoses
 - b. Explain the impact of the disorders on individual and family functioning
 - c. Document effectively in concrete, objective and client-centered manner
 - d. Understand the concept of concurrent and dual disorders

3. Understand the medical model of diagnosis and service delivery, and how this can be augmented by solution- focused/strengths-based interventions.
Potential Elements of the Performance:
 - a. explain the nature of mental health disorders as represented by the DSM-IV TR and other sources
 - b. explain the strengths and barriers imposed by the diagnostic process (including social stigma, labeling, etc.)
 - c. Demonstrate understanding of the relevance and importance of the strengths-based biopsychosocial approach
 - d. Explain strengths-based intervention approaches with high-risk populations
 - e. Be familiar with current service delivery models, interventions and medications used to treat and support those with a diagnosed mental illness

4. Provide access to resources in order to assist individuals, families, groups and communities
Potential Elements of the Performance:
 - a. describe the primary mental health services available in Sault Ste. Marie and District
 - b. describe methods of determining client-based resources and supports
 - c. describe the processes of advocacy, referral and follow-up
 - d. identify reliable, evidence-based sources for reference materials for clients, their families, and self
 - e. understand formal and informal support systems
 - f. be familiar with mental health legislation in Ontario
 - g. demonstrate understanding of multidisciplinary approach to service delivery

5. Describe helpful attitudes and skills for working with people with mental health disorders and 'at risk' populations
Potential Elements of the Performance:
 - a. demonstrate collegial, team support and collaboration skills and attitudes
 - b. describe and demonstrate supportive and non-judgmental attitudes in working with those diagnosed with a mental illness
 - c. demonstrate beginning competence in developing goals and strategies based on a holistic assessment of client needs

III. TOPICS:

The following topics will be discussed. **It is important to note that it is not possible within the time frame of this course to address all of the mental health disorders experienced by individuals, or that are included in the DSM-IV-TR.** This course will be confined to those mental health issues that are most commonly found in the daily practice of social service work. *This does not imply that the other disorders are less important or challenging to those persons with these particular diagnoses.* Students are encouraged to explore other mental health disorders of interest to them through research and independent reading.

1. Defining mental illness/psychiatric disorders, and mental health
2. Understanding of mood, psychotic, and anxiety disorders in children and adults (diagnosis and effective interventions)
3. Strength-based assessment and individual planning for individuals and their families
4. Intervention and treatment approaches
5. Relevant legislation, policies and community services
6. Identification of at-risk populations and various disorders
7. Concurrent and dual disorders
8. Roles of SSW in mental health field

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Simmie, S. & Nunes, G.A. (2002). *The Last Taboo: A survival guide to mental health in Canada*. TO: McLelland and Stewart Ltd.

Haig, J., Raikes, G. & Sutherland, V. (2003). *Cites and Sources*. TO: Thomson-Nelson.

Student Code of conduct:

<http://www.saultcollege.ca/Services/StudentServices/pdf/StudentCodeofConduct.pdf>

Other websites and resource materials will be assigned and used as references throughout the course.

V. EVALUATION PROCESS/GRADING SYSTEM:

Mid-term test	20%	October 19
Video analysis	15%	Due: November 2
Case study	30%	Due: November 23
Final exam	30%	December 14th
Participation/professional development	<u>5%</u>	
	100%	

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	3.00
B	70 - 79%	2.00
C	60 - 69%	1.00
D	50 – 59%	0.00
F (Fail)	49% and below	
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course without academic penalty.	

Note: For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

VI. SPECIAL NOTES:

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Special Needs office. Visit Room E1101 or call Extension 2703 so that support services can be arranged for you.

Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.

Course Outline Amendments:

The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources. Substitute course information is available in the Registrar's office.

Writing Standards

As second year students, it is reasonable to expect that all written work will be written with high professional standards. All writing is to demonstrate evidence of preparation and editing, and will be concise, error free, grammatically correct, and organized for all written assignments.

Unless otherwise noted, assignments are to be double-spaced, using 12 point font, with 1" margins. Include a separate title page that includes your name, title of the paper, and the date due (and date submitted if different from the date due). Correct all grammar and spelling errors. As writing is a critical skill in our profession, *fifteen percent of each written assignment will be based on an accurately written document.*

Plagiarism:

Failure to cite sources as required may be construed as plagiarism. Students who plagiarize are subject to a range of sanctions, which include, but are not limited to, failure of the assignment, course or dismissal from the course or College. Students should refer to the definition of "academic dishonesty" and possible sanctions in the *Student Code of Conduct*, available at: <http://www.saultcollege.ca/Services/StudentServices/pdf/StudentCodeofConduct.pdf>.

In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material. The APA format is followed for the purposes of this course.

Student Code of Conduct Students are expected to be familiar with and abide by the College's Student Code of Conduct.

Late assignments will be handled at the professor's discretion and for substantial and substantiated reasons only. Assignments are due at the beginning of the class. Late assignments are subject to a 10% grade reduction per day. Any requests for assignment extensions must be done in writing through email, based on a substantial reason, and must be approved by the professor. Include in the email the assignment that you are referring to, the reason for the request of the extension, and the time required. Ensure that you receive an email in return confirming receipt of the request. It is the student's responsibility to keep a copy of the email and the response.

Email submission of assignments: In circumstances where the student is unable, **for substantial reason**, to attend class when an assignment is due, the student may email the professor to inform them of this, and request permission to submit the assignment by email. The date that the assignment is received will be considered by the Professor as the submission date. The student should expect a return email from the Professor to confirm that their assignment has been received. If a response is not received, they are to assume that the assignment was not received by the Professor. The email address to be used is judi.gough@saultcollege.ca. It is the student's responsibility to keep a copy of the email and the response. A hard copy of the assignment must be submitted for marking at a mutually agreed upon date (the email copy will not be marked).

Students are encouraged to discuss their learning needs and assignments with the Professor. If a student has a particular concern about the grade of an assignment they must email the professor and request an appointment to discuss their concerns. To prepare for the meeting, students are expected to come prepared by taking the time to thoroughly read the feedback provided by the professor, and will be prepared to discuss their specific questions and/or comments. The email address to be used is judi.gough@saultcollege.ca. A student has the right to appeal the final grade of a course, and should refer to the *Appeals Process* for further details

Exams, tests, quizzes: Exams/tests that are missed cannot be made up except in exceptional circumstances, and with prior approval of the professor. Students who miss the test/exam without making prior arrangements with the instructor will be given a zero. The professor reserves the right to determine if a student who has missed an exam/ test will be allowed to make other arrangements for writing the missed exam/test/quiz. Exams cannot be re-written to receive a higher grade.

Attendance, Participation and Punctuality: Students are expected to come prepared to class to participate in discussion and review of course material. Grades assigned for participation/attendance will reflect the student's knowledge of the content discussed, willingness to share thoughts about the material, ability to respect viewpoints different from their own, and professional behaviour.

This class is interactive, and uses lecture, community resources, videos and class discussion to enhance learning the material in class. Attendance is critical. Significant absence will jeopardize student success in the class.

Students who miss more than 40% of class time (18 hours) will receive a failing grade in the class.

Students are expected to arrive on time for scheduled classes. The professor reserves the right to deny access to the class when a student is late. Where a persistent pattern of lateness occurs, the professor will talk to the student individually. If the pattern persists, the student may be required to speak to the Dean prior to readmission to the class.

Communication:

The College considers **WebCT/LMS** as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of the **Learning Management System** communication tool.

Email submission of assignments: In circumstances where the student is unable, **for substantial reason**, to attend class when an assignment is due, the student may email the professor to inform them of this, and request permission to submit the assignment by email. The date that the assignment is received will be considered by the Professor as the submission date. The student should expect a return email from the Professor to confirm that their assignment has been received. If a response is not received, they are to assume that the assignment and email were not received by the Professor. It is the student's responsibility to keep a copy of the email and the response. A hard copy of the assignment must be submitted for marking on the first day back at school (the email copy will not be marked).

Students are encouraged to discuss their learning needs and assignments with the Professor. If a student has a particular concern about the grade of a particular assignment they must email the professor and request an appointment to discuss their concerns. To prepare for the meeting, students are expected to come prepared by taking the time to thoroughly read the feedback provided by the professor, and will be prepared to discuss their specific questions and/or comments. A student has the right to appeal the final grade of a course, and should refer to the Appeals process, available at

<http://www.saultcollege.ca/Services/StudentServices/pdf/AppealsDec2006.pdf>

Students must follow established and agreed upon classroom conduct. Students are expected to model, in the classroom, professional behaviour that will be expected in Field Placement experiences, and in the profession.

Cell phones, pagers, and watches that 'beep' must be off or on vibrate mode. Students may respond to calls/pages after class time. Under no circumstances should cell phones be used in class for text messaging, or responses to incoming calls made during class time. Laptop computers may be used for class related notes or materials only. Students may be requested to leave phones and laptops out of class if a pattern of misuse develops.

The provisions of the Social Service Worker Program Policies will apply at all times in this course, especially with regard to confidentiality/limits to and reporting format.

Food and beverages are allowed in class on the condition that students dispose of garbage and it does not interrupt learning of others. This privilege will be rescinded if these conditions are not followed.

Where special needs students require accommodations/extensions regarding assignments, course expectations or testing, it is understood that the student will proactively discuss, communicate and negotiate with the professor. Student is encouraged to use the special needs office to assist in this process as needed.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

VIII. DIRECT CREDIT TRANSFERS:

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Chair's secretary. Students will be required to provide a transcript and course outline related to the course in question.

CLASS PARTICIPATION & PROFESSIONAL DEVELOPMENT GUIDELINES**ALL EXPECTATIONS MET 5 points**

- Demonstrates excellent preparation for class: has read assigned material and references this in class
- Contributes in a very significant way to ongoing discussions, keeps focused
- Responds thoughtfully and respectfully to other students' comments
- Takes the risk of verbalizing questions, concerns, disagreements
- Demonstrates consistent, active, on-going involvement in all aspects of the course
- Demonstrates good level of self-understanding and commitment to personal and professional development
- Consistently takes responsibility for asking questions/seeking clarification
- Has attended 100% of classes

MOST EXPECTATIONS MET 4 – 4.5 points

- Demonstrates good preparation for class, evidence that is familiar with some of the material
- Is prepared with questions and insights from course material
- Contributes regularly to ongoing discussions, generates discussion with questions or insights, responds thoughtfully and respectfully to others' comments
- Consistently takes responsibility for asking questions/seeking clarification
- Demonstrates consistent involvement in most aspects of course
- Demonstrates adequate level of self-understanding and commitment to personal and professional development
- Has attended a minimum of 90% of classes

SOME EXPECTATIONS MET, SOME CONCERNS NOTED 3 – 3.5 points

- Demonstrates adequate preparation, knows basic material
- Appears interested in most of the content of course material
- Initiates and contributes occasionally to class to class discussions, usually respectful of others' opinions and views,
- Usually takes responsibility for asking questions/seeking clarification
- Demonstrates involvement in some aspects of the course
- Demonstrates a limited level of self-understanding
- Personal and professional development as defined by behaviours listed in above categories is not evident
- Occasionally disruptive or inattentive: (involved in side discussions, use of phone or laptop or inappropriate reasons, reading other material during class etc.)
- Has attended less than 80 % of classes

FEW EXPECTATIONS MET, SERIOUS CONCERNS NOTED 0- 2.5 points

- ❑ Demonstrates minimal preparation, lack of knowledge of material
- ❑ Body language has given the impression of disinterest in content of class
- ❑ Participates usually only when called on
- ❑ Can be disrespectful of others opinions, can display tendency to dominate discussions or intimidate in ways that may discourage others from participating
- ❑ Does not take responsibility for asking questions/seeking clarification, and/or projects blame on others
- ❑ Demonstrates minimal involvement in most aspects of the course
- ❑ Demonstrates a noticeable lack of self-understanding and lack of commitment to personal and professional development
- ❑ Frequently disruptive (involved in side discussions, use of phone or laptop or inappropriate reasons, reading other material during class etc.)
- ❑ Frequent absence has impacted ability to participate